

## NORTH TONAWANDA DEPARTMENT OF YOUTH, RECREATION & PARKS

### 2023-2024 CO-ED ADULT VOLLEYBALL

1. USVA 2022-2023 Domestic Competition Regulations are followed as interpreted by the officials.
2. Games will be played 6 v 6 at least 3 females on playing court.
3. At the beginning of the game, a coin is tossed with the winning team choosing Select to serve or receive first ball or (2) which side they want to start on.
4. The rally point scoring system will be used. Each match will consist of two sets play to 25. The third set will be played to 15. The match is won by the team that wins two sets. Any ball hitting the net on a serve that goes over the net will be considered in play. The match is won by the team that wins two sets – however, three sets will be played no matter what.
5. Any ball hitting the net on a serve that goes over the net will be considered in play
6. Any ball touching the standards, side rims walls etc. is a loss of point or serve. The ceiling is in play if it is hit on your side of the court and you have not used your three hits. Hitting the ceiling on the opponent's side of the court is a loss of point or serve. Any ball that hits the center beam at Spruce School is out of play. Rulings on the balls hitting the end backboards are at the discretion of the referee.
7. Teams are allowed one time out per set.
8. Contact with the net by a player is not a fault, unless it interferes with the play. However, touching the top band of the net or the antenna above the net during her action of playing the ball constitutes interference with the play.
9. Encroachment into the opponent's court with any part(s) of the body is permitted, provided some part of the body remains either in contact with or directly above the center line, and there is no interference with opponents. In addition, completely crossing the center line with the foot, feet, or hands or encroachment with other body parts must not present a safety hazard to opponents.

### FORFEIT RULES

1. Profanity and unsportsmanlike conduct can result in ejection and/or disqualification from future matches.
2. A team must field a minimum of 4 (four) players at game time. If four players are not present, the team forfeits its first set. If they do not have four players 15 minutes past the scheduled start of the match they forfeit the remaining two sets.
3. If Four (4) players are playing 2 of them must be female
4. Late coming players may be inserted in the game immediately at any position in the rotation.
5. Each team must have 3 females playing at all times (if 6 six are playing)

### ROSTER RULES

1. All rosters are final at the end of regular season.

2. A roster may not consist of more than 2 players from the same team in the other division/night. A player may only play on one team per division/night.
3. Age requirements: Players must be 16 years old by January 1<sup>st</sup> 2023.
4. We require that all players sign the liability form prior to participating in our leagues. Any game in which a player plays who had not signed the liability form prior to playing may result in a forfeit for the team in which they played, upon review. It is the team captain's responsibility to ensure that all its players have signed the liability form prior to participation. Copies of the form will always be readily available before each game begins.

### **PROGRAM AND SCHOOL REGULATIONS**

1. No smoking or drinking alcohol is allowed in any school district building or its grounds
2. When North Tonawanda School district Facilities are closed due to weather, holidays or other circumstance, including maintenance issue all Youth, Recreation & Parks Programs are also canceled. You will be contacted as soon as possible with regards to the games being canceled. Games are on as scheduled until you are contacted, please do not assume; sometimes closings can be mistakenly reported on the news.

We have been experiencing increased problems with young and preschool children attending league programs. If players bring children with them they are responsible for their supervision. They must remain in the gym at all times in their teams sitting areas the **scores and standings will be posted on our webpage [www.playntrec.com/volleyball](http://www.playntrec.com/volleyball)**